

## ROMANCE OF BALI & LOMBOK

For those who are searching for the true exotic, who challenge themselves with experiences, exclusive romantic dining experience that are rare and magical yet appreciate service, quality and a unique insight into a destination, Indonesia presents an opportunity to fulfil the ultimate travel experience.

### Day 01: Arrival – Transfer Ubud



To the uninitiated, Bali might seem just like another popular tourist destination, but for anyone who visits its shores, it is impossible not to be touched by certain magic from the 'Island of the Gods'. The predominantly Hindu Island, gives visitors the chance to have a unique and fascinating cultural experience, while still being able to partake in any number of exciting or relaxing activities, like surfing, golf, massage and diving.

Bali is an island paradise, with lush rice field terraces, stunning volcano and lake views and beautiful beaches, but it is often the warmth and friendliness of the Balinese people, that make any stay on the island so memorable.

Bali has developed into a sophisticated tourist destination offering some of the most exclusive, award winning, hotels, restaurants and spas in the world, all of which are just a short drive from Bali's international airport.

After meeting with your English-speaking guide, you will be **transferred to your hotel in Ubud area** in an air-conditioned vehicle.

#### Approximate distance:

- From Airport to hotel (Samsara Ubud): 44km / 1 hour 45 minutes

**Meals included** : None

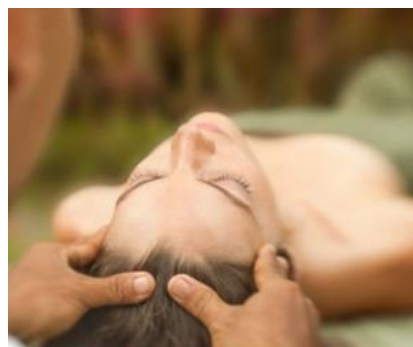
**Accommodation** : [Samsara Ubud](#) (1 Bedroom Pool Villa)



## Day 02: Signature Healing Treatment – 100 Candles Dinner

**Fivelements Retreat Bali** is deeply rooted in the Balinese way of life, which emphasizes nurturing a greater harmony with spirit, the environment, and one another. Their holistic approach is designed to address the physical, emotional, and spiritual levels, allowing an organic healing process to naturally unfold. **Begin your tour by selecting one of the following 90-minute healing massages or energy treatments:**

- Fivelements Signature Massage: *Full body oil massage with traditional Balinese inspired techniques*
- Heaven Scent Aroma Massage: *Open your senses with Fivelements aromatic signature oils. Fivelements*
- Warm Stone Massage: *A combination of Balinese massage with placements of heated local river stones*
- Sandi Prana Massage with Pak Gede: *Balance body energy for deep healing with strong massage, pressure points and aura protection. This is a deep healing treatment and may involve very strong pressure.*
- Fivelements Taksu Massage with Pak Tirka: *A holistic experience combining deep release acupressure with intuitive massage, energy healing, and Balinese blessing.*
- Prema Healing Massage with Ibu Iluh: *Sacred, intuitive Massage invoking health and timeless maternal safety and love.*
- Deep Healing Reflexology with Pak Agung: *Seriously move energy for powerful healing with a master healer through foot pressure points. This is a deep healing treatment involving very strong pressure.*
- Danda Reflexology with Pak Gede: *Therapeutic reflexology on feet and hands, emphasising powerful use of wooden massage stick, combined with energy scan and energy transfer. This is a deep healing treatment involving very strong pressure.*
- Muscle Release with Pak Wayan: *Intuitive deep tissue body massage to pleases aching muscles.*
- Panca Mahabhuta with Pak Wayan: *Intuitive energy healing session to rebalance body and mind.*
- Om Prana Healing with Pak Putu: *A cleansing bathing ritual combined with a wonderful energy healing session.*
- Chakra Balancing with Pak Tirka: *Cleansing of the subtle energy body to release negative energy and remove blocks to clarity, calm, and self-love.*



Now completely relaxed, continue to **Agni Hotra Fire Ceremony & Meditation**. Agni Hotra is an ancient fire ceremony originating from the sacred vedic hindu texts. Priests make offerings of ghee and grains into the fire while reciting Sanskrit mantras to invoke blessings of health, abundance and transformation. Participants are also invited to join the priests at specified times, offering rice into the fire, as a symbol of divine light.

After the fire ritual, proceed to the Sakti Dining Room where a **three-course Chef's Tasting Menu** awaits for **lunch or dinner**, a creative selection from their Chef accompanied with a rejuvenating "Elixir". Set between the sacred Ayung River and the lush tropical ponds and gardens, Sakti Dining Room offers modern dining in an eco-luxurious setting. The cuisine features epicurean plant-based dishes that celebrate "aliveness," with a goal to let Mother Nature's cuisine shine through exciting tastes, textures, vibrant colors, and pure flavors.





Make sure to bring your swimsuit as you also have access to the **riverfront pool lounge** at the retreat, perfect for a relaxing swim before your treatment or after your meal.

For an extended day, you could opt for **Cuisine for Life** program. Enjoy an inspiring food culinary retreat for health, beauty & longevity. Join Fivelements' award-winning culinary team in an inspiring gastronomical journey. Take home an in-depth understanding of this exciting cooking program and unveil the secrets of why this cuisine is among the fastest growing in the world.

Fivelements' culinary pros will guide you through key techniques including juicing, sprouting, smoothies, sweet and savory blending, and fermenting, low temperature baking and dehydrating. Learn numerous recipes and experience dynamic hands-on preparation, including blending flavours and textures of key seasonal ingredients and creating outstanding food presentations. Celebrate the closing of the day with delicious chef's tastings from Fivelements Sakti Dining Room.

Afterwards you will be **transferred to Swept Away Restaurant**. You will enjoy a breathtaking Balinese natural landscape, atmosphere of the Ayung River, 100 candles and an abundance of flower petals all help to set the mood for romance (\*). You and your loved one will be provided with your own server for the evening to cater to your every whim. A 6 course-tasting menu has been created for this special night with choices to combine it with matching wines



*(\*) During inclement weather, the "100 candles" romantic dinner can unfortunately not be offered.*

**Approximate duration of the visit:**

- Signature Healing Treatment: 4 hours
- Dinner: 2 – 2.5 hours

**Approximate distance:**

- From hotel (Samsara Ubud) to Fivelements: 17km / 45 minutes
- From Fivelements to dinner venue: 5km / 15 minutes
- From dinner venue to hotel (Samsara Ubud): 13km / 30 minutes

**Meals included** : Breakfast, Lunch & Dinner

**Accommodation** : [Samsara Ubud](#) (1 Bedroom Pool Villa)





### Day 03: Adventure Day in Tegalalang – Sky Lounge Romantic Dinner



Begin the day **e-cycling through the verdant rice fields around Tegalalang**, delving into the heart of local life away from the tourist trail. As you pedal through this picturesque landscape, you will gain insights into **traditional rice farming practices**. Along the route, you will also stop at a **traditional Balinese complex** to learn about the architecture and lifestyle of the Balinese, as well as meeting a local family of painters.

Next, get ready for an adrenaline rush with an exciting **ATV ride through the lush jungle** of Tegalalang. Drive through the forest, splash across rivers, navigate through mysterious caves and embrace your inner child as you tackle the muddy circuit. Take a shower after the activity and get ready for lunch.

Take a short drive to have **lunch at a tranquil bamboo restaurant**, with your meal made from fresh, locally sourced ingredients, in the serenity of your surroundings before you will continue to hop on the car to continue your adventure. Make a quick stop to enjoy the **panoramic vistas of the famous rice terraces** and take the opportunity to capture some good shots of this iconic landscape. These rice fields are famous for their stunning beauty and their unique irrigation system, a testament to centuries of expertise passed down through generations of local farmers. Carved right into the hillsides, these terraces create an incredible landscape of flowing rice fields that seem to go on forever.



Only a short drive away, you will be arriving to **Ulu Petanu Waterfall**, a hidden gem where you will have the chance to refresh your senses with a rejuvenating swim in the waterfall's pool. Since Ulu Petanu Waterfall is not as popular as some of the other waterfalls in Bali, it still offers a refreshing atmosphere to swim in a more serene setting. The trekking path to the main waterfall is a convenient and accessible 5-minute walk through the forest, making it easy for most visitors to reach. For those feeling adventurous, the trek can be extended to a second waterfall. This path, however, is steeper and can be quite slippery.



To finish your day, **share a romantic evening with your loved one on a breathtaking experience with panoramic views that captivate the senses**. Nestled within a cozy cocoon hut, guests are invited to indulge in an intimate and magical romantic dinner, perfect for celebrating love and creating unforgettable memories. A five-course gourmet menu will be discreetly served throughout the duration of this unforgettable evening.

#### Approximate duration of the visit:

- E-cycling: 1 hour
- ATV ride: 1 hour
- Dinner: 2 – 2.5 hours





### Approximate distance:

- From hotel (Samsara Ubud) to Taro Village: 6km / 15 minutes
- From Taro Village to Tegalalang: 7km / 20 minutes
- From Tegalalang to Ulu Petanu Waterfall: 13km / 30 minutes
- From Ulu Petanu Waterfall to hotel: 11km / 30 minutes
- From hotel (Samsara Ubud) to dinner venue: 6km / 15 minutes

**Meals included** : Breakfast, Lunch & Dinner

**Accommodation** : [Samsara Ubud](#) (1 Bedroom Pool Villa)

### Day 04: Prestige Picnic in Paradise – Firefly Conservation Journey



Start with an invigorating **fresh orange juice**, then indulge in a delightful array of **cold cuts and cheeses** while enjoying the stunning landscape around you. Dine accompanied by an **assortment of breads and crackers**, with a tasteful **selection of olives** as well as a **fresh-cut tropical fruit platter** – perfect as a refreshing appetizer before the cold cuts or a sweet dessert to finish.

Enjoy a **bottle of Moët & Chandon**, the perfect choice for celebrating special moments, bringing an extra touch of opulence to your experience with its fine bubbles and distinctive taste. **Water and fresh coconuts** are also provided to keep you refreshed throughout the day.

Our **elegant picnic chairs** ensure the best comfort while **Balinese umbrellas** will protect you from the sun, adding a touch of culture and tradition to your romantic setup. Choose from the following two stunning and secluded locations, each offering a unique backdrop for your unforgettable picnic:

- A **black sand beach** known for its serene atmosphere where you can enjoy your picnic to the sound of waves and the breathtaking view of the Indian Ocean.
  - A **magical hidden spot** to feel the tranquility of the jungle, surrounded by rice fields just next to a river.
- After your picnic, you may take part in a traditional melukat (water purification ritual) in the natural springs, enhancing your connection with Balinese culture and nature.

A server dressed in traditional Balinese attire will be at your service throughout your picnic, attending to your requests. To ensure your comfort and convenience, we provide **mosquito repellent and sunscreen**, so you do not need to worry about anything.





Later in the late afternoon, you will drive further to Taro Village and experience the profound connection between nature, culture, and community as Pak Wayan shares his childhood memories and the cultural and spiritual importance of these mesmerizing creatures while you enjoy your welcome drink and home made traditional cake.



Visit the **firefly laboratory** to witness these enchanting insects up close and learn about their fascinating behaviors and life cycle. Your journey follows with a visit to the **world's first firefly conservation garden**, an innovative sanctuary dedicated to the breeding, conservation and experience of fireflies initiated by the villagers under Pak Wayan's guidance.

Later, immerse yourself in the vibrant **village life** as you walk past local houses and observe the local people doing their daily activities. Participate in an immersive culinary adventure by joining a **hands-on cooking session** guided by a seasoned Balinese chef, to then gather around the table to savor the fruits of your labor.



As night falls, you will be treated to a magical experience. As the darkness envelops us, the rice paddies come alive with the soft, **pulsating glow of countless fireflies**, painting a scene straight out of a fairytale. Guided by Pak Wayan, you will witness the thriving and protected environment he's nurtured.

#### Approximate duration of the visit:

- Picnic: 3 hours
- Firefly conservation: 4 hours

#### Approximate distance:

- From hotel (Samsara Ubud) to Taro Village or vv: 12km / 30 minutes

**Meals included** : Breakfast, Lunch & Dinner

**Accommodation** : [Samsara Ubud](#) (1 Bedroom Pool Villa)







## Day 05: Balinese Offerings, Rituals and Religion



In the morning you will visit a **Brahman family** who lives in the village of Mas near the former royal residence and artist town of Ubud. **They are all descendants of the holy priests who brought the Hinduism to Bali in the 9<sup>th</sup> century** and will welcome you in their traditional Balinese home.

Here you will have the opportunity to learn and participate in one of the most unique, yet for Balinese most common daily activity – **the making of the**

**traditional offerings:** Small, square, woven baskets made from coconut leaves and filled with flowers accompanied by an assortment of gifts for the Gods and topped with a single smouldering stick of incense. Walk down any street in Bali and you will always see the **Canang Sari** by your feet. In their simplicity, these modest but beautifully crafted offerings encapsulate Bali's unique fusion of Hinduism. Women only are making the offerings, often all family generations sit together chatting while magically transforming the natural ingredients into beautiful creations.

Take your time to join them and learn how to convert the raw material into the small Canang Sari as well as **the huge Gebogan** – arrangements of fruit, colourful flowers and cooked chicken attached to a banana tree trunk by sharp bamboo skewers forming a cylindrical tower. While Canang Sari are being placed in houses, temples and on streets on a daily basis, Gebogan are carried by Balinese woman on their heads to the temples for more important ceremonies.



Once you finished the preparation, you will have the chance to **witness the daily ritual of prayer**. Dressed in a sarong, the women will place the Canang Sari in their house temple. A frangipani flower is dipped into a bowl of holy water and sprinkled over the offering before an incense completes the fusion of earth, fire, wind and water. After three meditational waves with the hand accompanied by a prayer, the smoke carries the essence of the offerings up to God.

A very short drive will bring you to **another Brahman House of the Pedanda**, the High-Priest of Mas village, **where you will see how the larger Gebogan is carried to the temple** to be blessed and a donation is given with prayers to the ancient family temple that serves around 800 people of the village.

Once all rituals are concluded, the women will take the Gebogan back home and the **food inside is shared amongst family and friends** – you. Enjoy the traditional **lunch**, which includes chicken, rice, sambal and fruits before you say **goodbye to your new Balinese friends** and return to your hotel.



**Approximate duration of the visit:**

- Balinese Offerings, Rituals and Religion: 5 hours

**Approximate distance:**

- From hotel (Samsara Ubud) to Mas Village or v.v.: 16km / 45 minutes

**Meals included** : Breakfast, Lunch

**Accommodation** : [Samsara Ubud](#) (1 Bedroom Pool Villa)

### Day 06: Speedboat Transfer to Lombok



Your day will start with a **transfer from your hotel to Padangbai Harbor to board a speedboat ride to Lombok**, where depending on the sea conditions it will take approximately 2 – 3 hours.

Once in Lombok Harbor in you will be transferred to your hotel where you can enjoy the rest of the day at your own pace. Senggigi has a white sandy beach and serene atmosphere which makes it a perfect place for immersing yourself in the nature and simply reconnecting with your inner peace.

**Approximate distance:**

- From hotel (Samsara Ubud) to Padangbai: 48km / 1,5 hours
- From Lombok Harbor to hotel: 21km / 35 minutes

**Meals included** : Breakfast

**Accommodation** : [Qunci Villas](#) (Qumbang Villas)

### Day 07: The Gilies Adventure

Your tour starts with an early morning transfer from your Lombok hotel to Teluk Kodek harbor where the boat docks to leave for Gili Trawangan, the largest of the three Gili islands. This trio of islands is surrounded by clear waters abounding in tropical fish and colourful corals and perfect for those interested in ocean inhabitants. **Explore Gili Air, Gili Meno and Gili Trawangan by wooden boat.** You will also have the opportunity to **jump into the water and snorkel among the marine life.** Depending on the time, **lunch** will usually take place in Gili Air.







You will have ample **free time on Gili Trawangan** to relax and explore the island. There is no motorised transport which adds to the easy going pace of life here - perhaps take a trip around the island by traditional horse and cart (*cidomo*) or rent a bicycle and explore independently for the opportunity to meet the locals and experience a piece of tropical island life. Cruise back to Lombok mainland then return to your hotel.



There is an option to visit one of region's prominent pearl farms in Teluk Nare against a surcharge.

*Note: This activity is considered as easy and it does not require any swimming skills, although having them would be beneficial for the snorkeling portion.*

#### **Approximate duration of the visit:**

- The Gilies Adventure: 7 hours

#### **Approximate distance:**

- From hotel (Qunci Villas) to Teluk Kodek or vv: 21km / 35 minutes

**Meals included** : Breakfast, Lunch

**Accommodation** : [Qunci Villas](#) (Qumbang Villas)

### **Day 08: Sunset Dragon Boat**



In the afternoon you will be **transferred from your hotel in West Lombok area** to the peaceful Sire Beach, where your **2 hours private cruise experience will begin.**

Take off your sandals, walk down the beach and embark the 'Naga Mesem' at about 4.30pm (Smiling Sea Dragon) mooring off the shallow waters. **This wooden boat is inspired by the romantic folklore legend** between the beautiful goddess of the peak of Rinjani Mountain and the son of the Sea Dragon, the very powerful king of the sea in front of the coast of Sire Beach. The Naga Mesem boat stands by every day on Sire Beach to deliver stories of happiness and love back to the King of Gods, who resides on Mount Rinjani.

**Begin your cruise** with a security briefing by your crew and **start sailing** from the virgin white sand beach of Sire **towards Gili Air**, the smallest of the three Gili Islands.





Sit back, relax and delve into the spectacular views of the remarkable Mount Rinjani, the second highest volcano in Indonesia. **Cruise along the famous Gili Meno island** with their palm-fringed white sandy beaches and turquoise waters.

As the **sun goes down** and paints the open horizon in a deep crimson red, soak in this unforgettable moment with a **bottle of Prosecco and delicious canapés** as you toast the end of yet another beautiful day in paradise.



**Back at the beach in Sire** you will **disembark the cruise** and be **transferred back to your resort**.

**Approximate duration of the visit:**

- Sunset Dragon Boat: 2 hours

**Approximate distance:**

- From hotel (Qunci Villas) to Sire Beach or vv: 22km / 35 minutes

**Meals included** : Breakfast, Canapes

**Accommodation** : [Qunci Villas](#) (Qumbang Villas)

### Day 09: Free Day at Leisure

Enjoy your **free day at leisure** and simply laze around in your pool villa.

**Meals included** : Breakfast

**Accommodation** : [Qunci Villas](#) (Qumbang Villas)

### Day 10: Speedboat Transfer to Serangan

Your morning is free until it will be time to **transfer to Bangsal Harbor** to board a speedboat ride to Bali Island. Upon arrival at Serangan Harbor, you will be met by your guide and brought to your hotel in Uluwatu area and the rest of the day is at leisure.

**Approximate distance:**

- From hotel to Bangsal Harbor: 21km / 35 minutes
- From Serangan harbor to hotel: 32km / 1,5 hours

**Meals included** : Breakfast

**Accommodation** : [Anantara Uluwatu](#) (Ocean View Suite)





## Day 11: Sunset over Uluwatu & Kecak Dance – Cave Dining



This afternoon, you will **drive to the southern-most tip of Bali to visit the famous [Uluwatu Temple](#) (\*)**. One of seven sea temples that are said to form a ‘chain’ around the island, it is undoubtedly one of the region’s most venerable places of worship. Perched approximately 70 metres above sea level atop a steep cliff, the temple also has one of the most dramatic locations on the island and is the perfect vantage point from which to observe the huge waves as they roll in from the Indian Ocean and crash against

the rock face below.

One of the highlights of this excursion is the opportunity to **witness a traditional display of [Kecak dance](#)**, which is regularly performed at Uluwatu. The *Kecak* dance features up to a hundred male performers who form a circle and sway and chant to hypnotic music. This ritual dance is based on an ancient story from the great Hindu epic, the Ramayana. King Rahwana captures Sita, the wife of Rama and the drama depicts the battle between King Rahwana and the monkey god, Hanuman.

Drive shortly to Pecatu area where you will **enjoy a 25,000-year-old natural cave fine dining experience**. We invite you to immerse in a one-of-a-kind fine dining experience at The Cave by Chef Ryan Clift, a 22-seat subterranean restaurant serving a **7-course delectable menu with optional wine and cocktail pairing** inside the exclusive enclave “The edge”. Savour Clift’s prowess in creating a vibrant menu out of freshly produced and premium ingredients, a flavourful experience akin to his restaurant Tippling Club in Singapore.



**Open for lunch and dinner**, the exquisite restaurant lies 6.5 meters underground, offering a unique, luxurious, and natural wonderland perfect for an intimate lunch or dinner amongst stalactites, stalagmites, some measuring over 2.5 meters long.



From the moment you begin to descend the spiral staircase, you are going back in time passing artefacts, temples and shrines that guide your path. As you reach the base of the Cave and first tread on its twinkling lava stone floor you become engulfed in a sense of wonder and magic. Lighting, sound, fabrics, furniture and operations have all been uniquely delivered to meet the extraordinary challenges of an underground venue without compromising style. This is a place at peace; where human design and natural design are in perfect harmony, where not a single detail has been spared to create the experience of a lifetime.







Offering more than just a fine-dining venue, The Cave adds on to its epicurean flair of exquisite dining, exceptional ambiance amidst a rare atmosphere of a cave, **accompanied by a 3D mapped project show set out on the cave's walls in between courses.** Please note that the second dinner seating starts at 21.00 lasting for two hours.

*(\*) Please note there are macaque monkeys at Uluwatu Temple and they can be a considerable annoyance. Please heed the advice from your guide on the precautions you should take when visiting temples or forests inhabited by monkeys.*

**Approximate duration of the visits:**

- Uluwatu & Kecak Dance: 3 hours
- Dinner: 2 hours

**Approximate distances:**

- From hotel to Uluwatu Temple: 8km / 30 minutes
- From Uluwatu Temple to The Cave: 6km / 15 minutes
- From The Cave to hotel: 5,5km / 20 minutes

**Meals included** : Breakfast, Dinner

**Accommodation** : [Anantara Uluwatu](#) (Ocean View Suite)

### Day 12: Beach Club Visit – Spa

Today you will have a chauffeur vehicle at disposal as you will start at your own pace to then **drive to Sundays Beach Club** to escape to its crystal-clear turquoise water and white sand beach. Please note that all admission is at your own expense.

**Return to your accommodation** in the late afternoon as you will **relax at a wellness sanctuary in the hotel's facility.**

**Approximate distances:**

- From hotel to Sundays Beach Club or vv: 8km / 30 minutes

**Meals included** : Breakfast

**Accommodation** : [Anantara Uluwatu](#) (Ocean View Suite)

### Day 13: Departure

The day is free until your guide meets you for your airport transfer in time to catch your onward flight.

**Meals included** : Breakfast

**Accommodation** : None

~ END OF SERVICE ~





## NOTES

- Times given are for reference and can be altered according to your personal requirements. While we make every effort to personalize itineraries, departure/pick up times are subject to change due to external factors.

## SERVICES INCLUDED

- Accommodation as per above itinerary in twin share/double rooms with daily BF included
- Tours and transfers as specified including entry fees, on a private basis in air-conditioned vehicles
- Service of English-Speaking Local Guide for all included sightseeing and transfers
- Meals as specified in the above itinerary (drinks are not included)
- VAT Government tax and services charge
- Bottled water and cool towel provided on transfers and sightseeing
- Extra perks for honeymooners in **Samsara Ubud**: Honeymoon setup with flower petals in the bathtub and cake in the villa upon arrival; **Qunci Villa**: Romantic Room Set-up with a Heart-shaped flower design on the bed, along with the welcome tropical fruit platter and honeymoon cake upon arrival; **Anantara Uluwatu**: flower petals setup in the room, a bottle of wine upon arrival and 30% discount for Designer Dining by Anantara, romantic dinner.

## SERVICES NOT INCLUDED

- Visa expenses, processing and issuance fees
- Meals other than specified as included
- Travel Insurance or expenses of a personal nature (mini-bar, phone call, laundry, etc.),
- Tips or gratuities to guides/drivers/porters / hotel, restaurant or boat staff, etc.
- Drinks or personal expenses or entrance fees for any extra sightseeing or optional activities

