



# PARADISREISER

*Níhi Sumba Island  
ínkl. mange flotte utflukter*



# INDONESIA



## ‘Luxury on the Edge of Wildness’

### Sumba (8 Days / 7 Nights)

- Day 1 Flight from Bali to Tambolaka / Arrive Sumba / Nihi Sumba Island
- Day 2 Nihi Sumba Island
- Day 3 Matayangu / Nihi Sumba Island
- Day 4 Waikabubak / Nihi Sumba Island
- Day 5 Lapopu waterfall / Sumba sunset beach ride / Nihi Sumba Island
- Day 6 Nihioka Spa Safari / Nihi Sumba Island
- Day 7 The Sumba Foundation / Nihi Sumba Island
- Day 8 Depart back to civilization

Tour by private car or coach with private guide



# Luxury on the Edge of Wildness

## The Secret of Sumba

Sumba's secret lies in the speed of things. Or shall we say the non-existent speed, that is. The Sumbanese don't run, stress, have anxiety attacks, all the western traits we have inherited are not even in their dictionary. Whilst our impatience with their lack of speed might be unnerving, do remind yourself that you are on vacation! To truly immerse yourself in enjoying their laid-back approach to things, allow their fetching smiles to instill calmness.



## Day 1: Flight from Bali to Tambolaka – Arrive Sumba – Nihi Sumba Island

A short 1-hour flight will bring you from the busy south of Bali to the peaceful Tambolaka Airport in West Sumba. After meeting with your English-speaking guide, you will be transferred to your hotel in an air-conditioned vehicle.

Nihi Sumba lies secreted in a tranquil corner of Indonesia. Among palm trees and surf, the conventions of luxury travel are being reinvigorated. The resort's slogan is "On the edge of wildness" and it does feel that at any moment the rolling palm and papaya trees could extend their reach and erase any trace of humanity. Perched on the dramatic coastline of Sumba, Nihi offers an exotic combination of remote location and understated hedonism.





Despite the isolated location, Nihi Sumba Island aims to please your palettes with quality cuisine. The resort's social and eco-credentials are top notch. Food miles are kept to a minimum: two flourishing organic gardens, an own chicken farm, fish fresh from the sea, a plethora of local fruits, vegetables, spices and herbs enable a varied menu. The all-inclusive dining approach affords you the general comforts and amenities expected at any luxury resort at no extra cost. Included are three daily meals, as well as beverages (excluding alcoholic beverages) and snacks offered at the bar and lounges. Dining is available all day and meals are taken at your leisure with no set times. One time per week you will enjoy a special event dinner, served and seated family-style to socialize with guests or listen to tales of Nihi Sumba Island narrated by the management.

**Approximately distances** : From Airport to Hotel 1 hour 30 minutes  
**Meals included** : Dinner  
**Accommodation** : [Nihi Sumba Island](#)

## Day 2: Nihi Sumba Island

Start your day with a sumptuous breakfast at the restaurant or have it served in your villa by your personal butler. Yoga classes are available every morning free of charge at the Yoga Pavilion with breath-taking views over the bay.



Spend the rest of the day at leisure to relax in your villa or stroll along Nihi's beach, just over two and a half kilometers long and a quick 45-minutes power walk or a leisurely hour and a half stroll to the point and back. It is great for hiking at low tide, with many fascinating rock formations and tidal pools towards the far end.

Nihi Sumba Island is an intimate island resort where ancient tribal culture uniquely forms the backdrop to an experience of unregulated freedom, understated luxury and unforgettable memories. The property consists of 567 acres of land, of which only 65 acres are (and can ever be) developed. The rest will be kept as you see it today, and will be used only for farming projects and recreational use.

The story of Nihi Sumba Island is a rare and fascinating tale that began as far back as when Sumba's ancestors, the 'Marapu' landed on its secluded beach centuries ago. Whilst beliefs relating to their powers may vary, their spirit has remained a benevolent force, protecting the way of life on Sumba and in attracting significant custodians to ensure the spirit and stories of the Sumbanese people – past and present – carry on.



Extra effort has been made to train neighbors for employment, in order to give back to the surrounding community. The heart and soul of Nihi will always be the Sumbanese.

**Meal included** : Breakfast, Lunch, Dinner  
**Accommodation** : Nihi Sumba Island



### Day 3: Matayangu – Nihi Sumba Island



Depart at 8.00am to see the breathtaking sights of the Wanukaka Valley during the 45-minute drive to Matayangu. After parking at a nearby village, you begin the 1.5 hour downhill trek, lead fully by local guides, through the pristine Indonesian National Park forest to the blue lagoon at the base of the waterfall. As the trail emerges from the jungle, the breathtaking view of the size and scale of the waterfall basin is truly worth the walk. While you soak in your surroundings, guides will

set up a picnic for a fresh leisurely lunch. You can spend the rest of the afternoon relaxing and swimming in this beautiful setting before trekking back to the vehicle. We recommend packing a sarong, swimsuit, extra shirt, camera and sturdy shoes.

<b>Approximate duration of the visits</b>	: Minimum 5 hours
<b>Approximate distances</b>	: From Resort to Matayangu 45 minutes
<b>Meal included</b>	: Breakfast, Lunch, Dinner
<b>Accommodation</b>	: Nihi Sumba Island

### Day 4: Waikabubak – Nihi Sumba Island

After breakfast at approximately 9.00am, see what life is like in the heart of West Sumba's largest town, Waikabubak. Just a 30 minutes' drive from Nihi there is a boisterous and unique market where you can see the piles of dried fish, chili peppers, tobacco, and betel nuts that the locals so highly cherish. You are sure to meet some great characters and it's quite interesting to see the "pasar" and all the vendors hawking their wares. A trip through town includes a stop at the local fruit stand, a local Sumbanese antique store and any other attractions that you might spot in passing. On Wednesdays you can see a traditional local market at Kabukarudi (Lamboya) and the market at Pededewatu (Rua) on Saturdays for more insight into the everyday lives of the Sumbanese.



After enjoying a packed lunch, let the waterman teach you how to surf the waves of Nihi Sumba.

Let's be honest, this is the main reason you are here with us in Sumba. Just take a look out from your window and you see why Nihi is so special. This side of the island has always been known for its



infamous currents, so be cautious during high tide and swells, as there will be strong currents. The larger the waves are, the stronger the outgoing current will be.



The surf at Nihni Sumba Island is world-class; it is hard not to be mesmerized by the endless sets pounding the reef. Only registered surfers may enjoy the waves, unless with an accompanying waterman during a one on one lesson. Please check with the Head Waterman regarding weather conditions and tides before you head out as they can change drastically from day to day. Daily surfing in front of Nihni Sumba is reserved for registered surfers only. Surf slots are confirmed at the time of reservation.

**Approximate duration of the visits** : Waikabubak Minimum 2 hours

**Meal included** : Breakfast, Lunch, Dinner

**Accommodation** : Nihni Sumba Island

## Day 5: Lapopu waterfall – Sumba sunset beach ride – Nihni Sumba Island

Excellent for families and friends, we begin this excursion between 8.00am – 9.00am with a 40-minute drive through the Wanukaka Valley before making the approach to the base of Lapopu. The waterfall originates at a mountain spring and the water cascades down moss-covered rocks for more than 100 meters into a natural pool, enclosed within a small canyon.

This location is a wonderful spot for swimming and sunbathing on the rocks, and you are free to take in the beautiful surroundings for as long as you please while enjoying a packed snack from the kitchen. We recommend you pack a sarong, swimsuit, extra shirt and camera before embarking on the trip, and make sure to wear sturdy shoes.



Spend the afternoon at leisure in the resort before we invite you to another signature experience of Nihni. Whether you are a horse lover or not, the connective experience with your inner self through natural equine interaction is truly life expanding. Horses live in the now and in being so they are more highly attuned to what and with whom they come in contact; their gestures and behaviors give us wonderful feedback to the energy we project.



As the sun sets, one of the most memorable ways to enjoy the changing beach hues is on one of Nihi's beautiful Sumbanese horses. All levels of experience are catered for; from a gentle stroll safely led by one of our local Sumbanese horseman to an exhilarating cantering through the rolling ocean shallows.

**Approximate distances** : From Resort to Lapopu 40 minutes  
**Meal included** : Breakfast, Lunch, Dinner  
**Accommodation** : Nihi Sumba Island

## Day 6: Nihioka Spa Safari – Nihi Sumba Island

This very special “Spa Safari” offers you a beautiful half-day long experience journeying across Sumba’s dramatic west coast to the secluded nearby Nihi Oka Valley. Depart the resort at 7.30 am as you trek up through the surrounding palm tree forest. Your guide will talk you through the changing environment as you pass by local wildlife and traditional villages and huts before taking a stop in one traditional Sumbanese village. After the village, you descend down into Nihi Oka valley, over fresh water streams and out into the cascading rice paddy fields, leading to panoramic views of the Indian Ocean.



You will be welcomed with wet towels and a freshly chopped coconut before starting morning yoga under the palm trees followed by your reflexology treatment. A bush-cooked breakfast awaits you, served in a lovely tree house platform nestled in ancient rocks perched above the coast and crashing waves. After breakfast your spa therapist, who will perform pre-selected treatments amidst uninterrupted views overlooking the Indian Ocean and cascading rice paddies, escorts you to your private Bale for the day. At approximately 12.30 pm, an open-air safari vehicle will be standing by for your perusal to transfer you back to the resort.

### Approximate distances:

- From resort to Sumbanese village: 15 minutes
- From Sumbanese village to Nihi Oka valley: 5 minutes
- From Nihi Oka Valley to resort: 15 - 20 minutes

**Meal included** : Breakfast, Lunch, Dinner  
**Accommodation** : Nihi Sumba Island





## Day 7: The Sumba Foundation – Nihi Sumba Island

At 10.00am this morning we invite you to discover what The Sumba Foundation is doing across the island. The close relationship with the resort and many of our guests has brought health, nourishment, education, and enriched the lives of many indigenous Sumbanese people. Visit a local water project, a Malaria- combating health clinic, or volunteer one morning with the school lunch program. Our prearranged tour will also make a stop at the Foundation headquarters, located just outside the gates of Nihi Sumba Island. The deep-rooted



philosophy of Nihi Sumba Island is maintained and all profits repatriated into The Sumba Foundation that Nihiwatu had founded in 2001, coupled with the help of some guests as a philanthropic vehicle dedicated to fostering community-based projects. The result was a unique collaboration between Nihi and the local community that today co-exists with compelling interdependence: the resort has become the biggest employer on the island and the Sumba Foundation gives back to the local communities.



Over the last thirteen years, the Foundation has set up over 15 primary schools, built 48 water wells, five clinics; supplied 172 villages with clean water and reduced Malaria by 85% in neighboring villages to Nihi Sumba Island.

You will return to the resort for lunch and enjoy the last afternoon at your own leisure.

**Approximate duration of the visit:** The Sumba Foundation 2 hours

**Approximate distances:**

- From resort to Malaria clinic: 10 minutes
- From Malaria clinic to school: 20 minutes

**Meal included** : Breakfast, Lunch, Dinner

**Accommodation** : Nihi Sumba Island

## Day 8: Depart back to civilization

Today is your last day at the edge of wildness. Your luggage will be collected separately in the morning, brought to Tambolaka airport and checked into your flight back to Bali by Nihi's airport representative. Approximately 2.5 hours before your flight's departure you will be transferred to the airport. Our representative at the airport will assist with the pre-check-in procedure and you will depart back to Ngurah Rai Airport in Bali.



**Approximate distances:**

- From resort to Tambolaka airport: 1.5 hours
- Flight from Tambolaka airport to Ngurah Rai airport: Flight duration 55 minutes

**Meal included** : Breakfast

**Accommodation** : None



**SERVICES INCLUDED**

- Return domestic flight inclusive taxes from Denpasar to Tambolaka
- All land transportation by air conditioned vehicle
- English speaking guide assistance throughout the program
- Meals as per itinerary
- All non-alcoholic drinks
- Mini-bar (1 full re-stock per day)
- Sightseeing tours as per itinerary
- Entrance fees, donation and retribution, parking fee as per itinerary
- Mineral water, chilled tissue throughout the program
- 6 pieces of laundry per person / per day (dry cleaning is not available at the resort)
- Optional scheduled excursions & activities on land: tour of the Sumba Foundation Projects.
- Optional water activities: paddle boarding and snorkeling around Nihi Beach (weather depending)



- Scheduled group yoga and meditation classes at the Yoga Pavilion
- 1.5 hours private surf lesson per person
- Matayangu Waterfall Trek
- Waikabubak Market tour
- Lapopu Waterfall tour
- Sumba Sunset Beach Ride
- All rates quoted included government tax and service charges

#### SERVICES NOT INCLUDED

- All services which are not mentioned on the program above
- Meals that are not mentioned at above itinerary
- Personal expenses, telephone, tips and gratuities
- Personal travel insurance
- All expenses incurred due to flight cancellations/delays or due to other causes beyond our control ("force majeure")



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