



INDONESIA Pure Bali



# 'Pure Bali'

(8 Days / 7 Nights)

- Day 1. Bali Airport / Ubud / Welcome Massage / Overnight Ubud
- Day 2. Local's favorite Meal and the Birthplace of Balinese Culture / Overnight Ubud
- Day 3. White Water Rafting and Royal High-Tea / Overnight Ubud
- Day 4. Balinese Offerings, Rituals and Religion / Overnight Ubud
- Day 5. East Bali by Vintage Car / Overnight Seminyak
- Day 6. Canggu Street Food Cooking Class with Expert / Overnight Seminyak
- Day 7. Romantic sunset cruise around Jimbaran Bay / Overnight Seminyak
- Day 8. Departure

Tour by private car with private guide



## Day 1: Bali Airport - Ubud



To the uninitiated, Bali might seem just like another popular tourist destination, but for anyone who visits its shores, it is impossible not to be touched by certain magic from the 'Island of the Gods'. The predominantly Hindu island, gives visitors the chance to have a unique and fascinating cultural experience, while still being able to partake in any number of exciting or relaxing activities, like surfing, golf, massage and diving. Bali is an island paradise, with lush rice field terraces, stunning volcano and lake views and beautiful beaches, but it is often the warmth and friendliness of the Balinese people, that make any stay on the island so memorable.

Bali has developed into a sophisticated tourist destination offering some of the most exclusive, award winning, hotels, restaurants and spas in the world, all of which are just a short drive from Bali's international airport.

After meeting with your English-speaking guide, you will be transferred to your hotel in Ubud area in an air-conditioned vehicle. Enjoy a welcome massage in the hotel to relax your body after the long flight to Indonesia and have the remainder of the day at leisure.

### Approximate distance:

- Airport to hotel: 47km / 1.5 hours

Meals included : None

Accommodation : <u>Capella Ubud</u> (Terrace Tent) or <u>Kayon Jungle</u> (Jungle Suite)







## Day 2: Local's Favorite Meal and the Birthplace of Balinese Culture

Nowadays' Bali Hinduism evolved over centuries out of a mixture of Buddhism and Hinduism combined with the influences of the Javanese empire. Your journey will take you back to the very beginning, tracing the evolution of this amazing and unique culture that has influenced an entire Nation, whilst you will taste the traditional meal "Babi Guling", also known as suckling pig. This dish has to be the most famous of all dishes and is only found on the island of Bali.



Begin in the morning with a short lecture at the private house

of Bapak Enong Ismail, curator of the Sukarno Museum and the leading expert on the recently world heritage listed Pakerisan river area and its ancient temples and monuments. His simple house sits amongst the rice field on a ridge to the sacred river of Pakerisan, a beautiful place to start the day. Enong's life passion is to give back to the country that he loves and through his work documenting Balinese culture since 1979, he now would like to share his findings to help preserve the temples and monuments you will visit for future generations to enjoy.

Watch the process and preparation of "Babi Guling" with the option of participating and assisting your local hosts for a hands-on experience. A young pig of about 25-30kg is stuffed and infused with all kinds of spices, typically involving turmeric, coriander seeds, lemongrass, black pepper and garlic, before it gets traditionally spit-roasted for several hours. The experience will take place in the traditional Balinese setting of Enong's House, where you can interact with the locals who help preparing this typical Balinese meal.



Whilst the pig is slowly being roasted, we invite you on an exclusive visit to three heritage temples and monuments that trace the creation of the Balinese Hindu Religion "Hindu Dharma" from the 8th to the 12th century, when three religions finally became one. Go back through time as your experienced guides walk you through temples rarely seen by tourists. These temples, while perhaps not being the most decorative, have played a significant role in the development of present day Balinese culture, and for those who enjoy history and culture, this is an unforgettable and rare insight.

Start at Pura Guman, the first temple built in Bali after the Mother Temple Besakih in the 8th century, playing an important role until today when all the High Priests gather every Balinese New Year to reset the Balinese Hindu calendar.

Next you will visit Pura Mengening, a picturesque water temple from the 11<sup>th</sup> Century – you might just be the only visitor here and are welcome to take a dip in the pools, which are believed to have a special spiritual power to cleanse one's soul.

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Conclude your visit at Pura Pegulingan, the biggest Buddhist monument in Bali where the Hindu and

Buddhist iconography are combined in dedication to the Hindu trinities Shiva, Vishnu and Brahma. Here you will meet a local priest who will conduct a blessing ceremony for you to wish you luck and success on your onward journey in life.

The tour ends with a lunch where you started this morning, now with the roasted suckling pig ready for you to enjoy, accompanied by rice and traditional side dishes over good conversations with your friendly local hosts, who will be happy to provide you with further insights into their culture and customs.



\*\*Notes\*\*

The preparation and eating of the Babi Guling (Suckling Pig) can be replaced with other traditional Balinese dishes to offer a vegetarian or pork-free option.

If you prefer to see the local villagers during their purification ceremonials, the visit of Mengening Temple can be replaced with a visit to the famous Tirta Empul Water Temple, which is frequently visited by locals, but also very popular amongst tourists and hence can be very crowded.

#### Approximate duration of the visit:

- Local's Favorite Meals and the Birth Place of Balinese Culture: 8 hours

#### Approximate distance:

- Hotel to Bapak Enong's house: 9km / 30 minutes
- Bapak Enong's house to Pura Guman: 2km / 5 minutes
- Pura Guman to Pura Mengening: 1km / 5 minutes
- Pura Mengening to Pura Pegulingan: 1km / 5 minutes
- Pura Mengening to hotel: 10km / 30 minutes

Meals included : Breakfast, Lunch

**Accommodation** : Capella Ubud (Terrace Tent) or Kappa Senses (Jungle Suite)

## Day 3: White Water Rafting and Royal High-Tea



The action starts when you launch into an 8 km river stretch, navigating through 27 class II and III rapids set to a backdrop of wild unspoiled rainforest, towering gorges and magnificent rice paddy terraces. Professionally trained and experienced guides pilot safety-equipped Avon rafts through the best river runs, dramatic drops and spectacular waterfalls to make your Bali rafting ride a fun and awesome experience.

End the action-packed 1.5-hour (approximately) journey with hot showers, or swimming in the riverside pool of Royal Pita Maha before you enjoy

lunch at this 5-star hotel owned by the Royal Family of Ubud. Designed as a traditional Balinese Valid for travel from: 01 Apr 2024 – 31 Mar 2025

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pavilion that is open to the elements, Ayung Organic Restaurant is the perfect spot to enjoy light refreshments. It complements the spiritual beauty of the Ayung River and the natural environment that surrounds it. This charming riverside restaurant serves a delicious menu of health-conscious cuisine inspired by local ingredients and seasonal produce grown the island.

Continue to Mambal, where a hidden gem awaits the intrepid. Beginning in the afternoon as the sun slowly sinks over the hills and bathes the area in a dazzling light, visitors will be treated to a sublimely

picturesque High Tea experience.

The experience commences with a flower footbath on the adjacent riverbank before unwinding with a full body massage. Following this indulgent introduction, guests are treated to a serving of hors d'oeuvers, sweets and locally sourced teas, with stunning views across a lush river gorge. The unique character of this luxurious and open walled safariesque venue, combined with the stunning location, make for an unforgettable detour on one's journey in Bali.



## Approximate duration of the visit:

- White water rafting: 1 hour
- Royal high tea: 4 hours

#### Approximate distance:

- Hotel to rafting starting point: 6km / 15 minutes
- Rafting venue to Royal high tea venue: 14km / 30 minutes
- Royal high tea venue to hotel: 14km / 30 minutes

Meals includedAccommodationBreakfast, Lunch, High tea with Sweet treats and Hors d'oeuvresCapella Ubud (Terrace Tent) or or Kappa Senses (Jungle Suite)

# Day 4: Balinese Offerings, Rituals and Religion



In the morning you will visit a Brahman family who lives in the village of Mas near the former royal residence and artist town of Ubud. They are all descendants of the holy priests who brought the Hinduism to Bali in the 9<sup>th</sup> century and will welcome you in their traditional Balinese home, where you have the opportunity to learn and participate in one of the most unique, yet for Balinese most common daily activity – the making of the traditional offerings.

Walk down any street in Bali and you will always see the Canang Sari by your feet. Small, square, woven baskets made from coconut leaves and filled with flowers accompanied by an assortment of gifts for the Gods and topped with a single smouldering stick of incense. In their simplicity, these modest but beautifully crafted offerings encapsulate Bali's unique fusion of Hinduism. Women only are making the offerings, often all family generations sit together chatting while magically transforming the natural ingredients into beautiful creations.

Take your time to join them and learn how to convert the raw material into the small Canang Sari as well as the huge Gebogan – arrangements of fruit, colourful flowers and cooked chicken attached to a banana tree trunk by sharp bamboo skewers forming a cylindrical tower. While Canang Sari are being

placed in houses, temples and on streets on a daily basis, Gebogan are carried by Balinese woman on their heads to the temples for more important ceremonies.

Once you finished the preparation, you will have the chance to witness the daily ritual of prayer. Dressed in a sarong, the women will place the Canang Sari in their house temple. A frangipani flower is dipped into a bowl of holy water and sprinkled over the offering before an incense completes the fusion of earth, fire, wind and water. After three meditational waves with the hand accompanied by a prayer, the smoke carries the essence of the offerings up to God.

A very short drive will bring you to another Brahman House of the Pedanda, the High-Priest of Mas village, where you will see how the larger Gebogan is carried to the temple to be blessed and a donation is given with prayers to the ancient family temple that serves around 800 people of the village. Once all rituals are concluded, the women will take the Gebogan back home and the food is shared amongst family and friends – you. Enjoy the traditional lunch, which includes chicken, rice, sambal and fruits before you say goodbye to your new Balinese friends and return to your hotel.



## Approximate duration of the visit:

- Balinese Offerings, Rituals and Religion: 6 hours

#### Approximate distance:

- Hotel to Brahman family house or vv: 12km / 30 minutes

Meals included : Breakfast, Lunch

**Accommodation**: Capella Ubud (Terrace Tent) or Kappa Senses (Jungle Suite)

# Day 5: East Bali by Vintage Car



After breakfast your luggage will be collected and transferred to your next hotel in Seminyak.

You will board a vintage Volkswagen car that will bring you to Amlapura, the regency seat of Karangasem District in the East of Bali, where you will arrive at a charming restaurant with scenic views over rice paddies and the majestic Mt. Agung for coffee and refreshments before you drive to the "Puri Agung", the Palace of Amlapura, once the residence of the royal family of

Karangasem. An exclusive tour behind the scenes awaits you here and gives a vivid impression of how local royals used to live.

Continue to Budakling Village where you will visit a blacksmith whose family makes the traditional blades used for ceremonies. In Bali, becoming a blacksmith is not a matter of skill. The only method

to be a blacksmith will be to be born inside a blacksmith family. Working as the king's armorers and source of metallic tools and musical instruments in pre-industrial Bali, the village blacksmiths were of very high social standing. As a sign of deference, even the haughty Brahmans were obliged to speak in High Balinese when talking to a smith in his workshop.

Via scenic back-roads along rice paddies and tropical forests you will reach the Tirta Gangga Royal Water Palace, a favourite retreat in the regency of Karangasem, built in 1946. The lavish water gardens feature 1.2ha of pools, ponds and fountains surrounded by neatly cut lawns adorned with stepping stones, ornate statues and tropical gardens.

Next, visit the Lontar museum, showcasing palm-leaf manuscripts inscribed in Sanskrit with spiritual mantras, historical events or religious lore of ancient Balinese traditions. Witness this ancient skill and try writing your own manuscripts in the traditional way. One Lontar will be for you to take home, one will be kept in the museum to be reunited with the first one on your next visit.

Reach Taman Ujung Water Palace, the sister site of Tirta Gangga built by the same Raja. The complex consists of various large pools and historic buildings set against a backdrop of Mount Agung and the eastern shoreline. Here we will serve you a delicious Balinese picnic lunch with homemade cider in the pavilion on the water.



Afterwards transfer to Seminyak for check-in and overnight.

## Approximate duration of the visit:

- East Bali by Vintage Car: 8 hours

### Approximate distance:

- Hotel to Amlapura: 67km / 2 hours
- Amlapura to Budakling Village: 13km / 30 minutes
- Budakling Village to Tirta Gangga: 11km / 30 minutes
- Tirta Gangga to Lontar Museum: 5km / 15 minutes
- Lontar Museum to Taman Ujung Water Palace: 7km / 15 minutes
- Taman Ujung Water Palace to hotel: 74km / 2 hours

Meals included : Breakfast, Lunch

Accommodation : The Samaya Seminyak (Pool Villa) or The Kayana Seminyak (Pool Villa)







## Day 6: Canggu Street Food Cooking Class with Expert



In the early morning you will be transferred to Tabanan Regency where you will meet your local food expert, the chef of one of Bali's best and most authentic group of restaurants.

Today's cooking class portrays his philosophy of introducing local produce to a wider audience. He has been developing relationships with local farmers utilizing their produce in his restaurants over the past years. In honouring

these relationships, we would like to invite you to be a part of an authentic Balinese life through a day trip that combines scouring a traditional market for fresh ingredients, easy cycling, visits to a local temple and a traditional Balinese house as well as a private cooking class conducted by your renown chef.

Enjoy a morning coffee and briefing at a traditional Balinese House in Belayu, an idyllic village in Tabanan Regency with beautiful rice terraces, lush coconut groves, an old palace and the authentic laid-back atmosphere of a traditional Balinese village.

After a security briefing you will hop on your mountain bike and start cycling through the regency's rice terraces, mountains and rivers with fresh water flowing through the Subak system to water the paddy fields. You will see picturesque villages with quiet roads and traditional houses during the trip and also stop at the Taman Beji Temple.

Upon arrival at the Mengwi morning market, your expert chef will guide you through the traditional market and explain all the different spices, fruits and vegetables as well as typical local snacks. Afterwards you will enjoy a real Balinese breakfast before you continue by car to the chef's private pool villa in Canggu for your hands-on street food experience.

Take part at a short course of how the Balinese Chicken Betutu is made before you will begin the cooking class with the chef himself, who will lead you through 5 different Balinese recipes; you can even steal a few secrets from the master as you prepare your lunch together.

Following an invigorating lunch tasting all the specialties you cooked together we will transfer you back to your hotel. Optionally you can choose to spend some additional hours in the villa and relax at the private pool.

#### Approximate duration of the visit:

- Canggu Street Food Cooking Class with Expert: 7 hours

### Approximate distance:

- Hotel to cooking class venue or vv: 29km / 1 hour

Meals included : Breakfast, Lunch

**Accommodation**: The Samaya Seminyak (Pool Villa) or The Kayana Seminyak (Pool Villa)

## Day 7: Romantic sunset cruise around Jimbaran Bay

Enjoy the morning at leisure to relax at the beach or explore the countless shops and boutiques of Seminyak. In the afternoon you will be transferred from your hotel in South Bali to the famous beach

of Jimbaran Bay, where your 2-hours private cruise experience will begin.



Take off your sandals, walk down the beach and hop on the Dedari or Sea Angel – a fiberglass speedboat inspired by the local fishermen' boats – mooring off the shallow waters. After the security briefing by your captain you will start sailing through the calm waters along the white Jimbaran Beach and follow the impressive coastline of Bali's Bukit Peninsula to the

southernmost end of the island.

Sit back, relax and soak in spectacular views of the remarkable cliffs of Uluwatu, seen from an angle that even the most avid Bali travellers haven't witnessed yet. Pass by a famous bar, built on several rocks only a few meters above the water, cruise along some of Bali's most pristine beaches like Bingin, Balangan and Padang-Padang, which became very popular after the movie 'Eat, Pray, Love' was released. The waves around these beaches are renowned for ambitious surfs and you will see numerous surfers accepting the challenge.

Reach the Uluwatu Temple dotted high above you on the cliffs, regarded as one of the most important temples in Bali. Join the captain for a traditional Balinese blessing ceremony by placing a floating Canang Sari – a small palm-leaf basket filled with colorful flowers, rice and incense – into the ocean

from the temple's Cliffside.

Take a dip into the refreshing water before you slowly make your way back whilst you explore the beauty of the Indian Ocean as the sun goes down over the Jimbaran Bay. You will stop for a while at the remarkable sunset's peak to indulge in the color-changing sky and the evening light. Now will be the perfect moment to toast with your beloved one with a refreshing glass of champagne. (subject to additional charge listed below)

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Back at the beach in Jimbaran you will disembark the cruise and be transferred back to your resort.

#### Approximate duration of the visit:

- Romantic sunset cruise around Jimbaran Bay: 4 hours

## Approximate distance:

- Hotel to Jimbaran Bay or vv: 14km / 30 minutes

Meals included : Breakfast, Dinner

**Accommodation**: The Samaya Seminyak (Pool Villa) or The Kayana Seminyak (Pool Villa)

## Day 8: Departure

Breakfast at your hotel. The day is free until your guide meets you for your airport transfer in time to catch your onward flight.

## Approximate distance:

- Hotel to Airport: 12km / 30 minutes

Meals included : Breakfast





#### **SERVICES INCLUDED**

- Accommodation as per itinerary based on twin sharing/double room occupancy
- Return transfer to/from airport/hotel on a private basis in an air-conditioned vehicle
- Meals as specified in the above itinerary (drinks are not included)
- Sightseeing tours as per itinerary
- Entrance fees, donations and parking fees as per itinerary
- English speaking guide assistance throughout the program

#### **SERVICES NOT INCLUDED**

- Domestic and International airport taxes, airport porter and extra baggage
- Hotel early check- in and late check-out
- Meals other than those specified as included in the itinerary
- Travel Insurance or expenses of a personal nature (minibar, phone call, laundry, etc.)
- Tips or gratuities to guides/drivers/porters/hotel, restaurant or boat staff etc
- Drinks or personal expenses or entrance fees for any extra sightseeing or optional activities
- Indonesian Visa fee
- All expenses incurred due to flight cancellations/delays or other causes beyond our control
- Other language speaking guides (e.g. Spanish). These are available at an applicable supplement
- All services which are not mentioned on the program above
- High season surcharges (as detailed below)

